

## Mountain View Recreation

### Basketball rules for 9-10 Boys

1. Play 6 minute quarters.
2. Clock stops on all whistles.
3. 3 time outs per half.
4. Jump ball to start game. Possessions will alternate after that.
5. 6 fouls per player. Conduct fouls will count as a player foul but not a team foul.
6. Use 28.5 basketball.
7. Coaches must have lineup turned in 5 minutes prior to start time or end of game proceeding yours.
8. Teams must start with at least 4 players but can finish with any amount.
9. No 3 point shot.
10. Foul shots from short foul line. Players are not allowed to jump over line.
11. Low block used for foul shots.
12. **NEW\*\*\*** Players may enter the lane on free throws when the ball leaves the shooter's hand.
13. 5 second call for lane violation.
14. Defense not allowed any type of defense until ball crosses midcourt line except during allowed press times.
15. Full court press allowed in last 2 minutes of 2<sup>nd</sup> & 4<sup>th</sup> quarters. If a lead is over 20 points, only the team trailing is allowed to press.
16. 1<sup>st</sup> offense for a defense infraction in each half will result in a warning. 2<sup>nd</sup> offense and thereafter will result in a ONE shot technical foul. Officials can use discretion if an illegal press is viewed accidental.
17. **NEW\*\*\*** If a lead is over 30 points, the clock will run continuously except for timeouts or injuries.
18. Overtimes will be 2 minutes. Each team receives 1 additional timeout per overtime. Full court press is allowed the entire overtime.